

# THE 2010 WNBF PRO UNIVERSE BODYBUILDING AND FIGURE CHAMPIONSHIPS & THE INBF AMATEUR BARBADOS BODYBUILDING CLASSIC

By Alan Leff

I wrote this report after returning from sunny Barbados, where the WNBF once again returned to hold the Pro Universe Bodybuilding and Figure Championships in conjunction with the

local INBF Amateur Barbados Bodybuilding Classic. This event took place at the Lloyd Erskine Sanford Center on Saturday, June 12. Bernard Sealy and Ivor Worrell promoted the event.

All amateur competitors were photographed to be seven years drug-free. Since this was a pro qualifier event, the winners of the Women's Figure and the Men's and Women's Open Bodybuilding divisions would have to pass a urinalysis before being issued their pro cards. Pro Men's and Women's division winners would also have to pass a urine analysis to receive their cash prizes and official placings.

Amateur competition preceded the pro action. The first competitors to come to the platform were the amateur Women's Figure class. Ranel Cato placed third. She showed nice shape and fine stage presence, but she was a bit smooth. In second place was Nancy Taylor. Here was a woman who displayed an athletic and shapely figure. Winning the class, and the Pro

Qualifier, was Jessica Rumbaugh. Jessica is no stranger to Figure competition and she definitely showed it as she moved about the platform with grace.

The Masters Men were next to come to the platform. With only one competitor in the Men's Over-40 class, Michael Newman had no challengers to contend with, but that did not mean that he wasn't well prepared by his trainer, Anthony Monetti, to be at his best this day in competition.

In the Over-50 class, Thomas Walsh, also trained by Monetti, came in second. Walsh showed good enough size, but he was too smooth. Winning the class was William Morris, who towered over all of the other men in the Masters division. This man possessed the best combination of fine proportions, balanced development, good muscle size, tight conditioning and deep muscle separations. William Morris could not be denied the class victory this night.

And finally, the lone Over-60 competitor took to the stage. Melvin Cooper, a regular competitor in the metropolitan New York/New Jersey area is always a crowd pleaser. First you hear a gasp from the audience, and then applause as this senior citizen gets down and does a series of one-arm pushups.

Women's Open bodybuilding was up next. Audrey Tomsich took the platform with a

full-length poster of herself, which read "102 lbs. ago!" Audrey dropped the poster and revealed her new figure. Proud enough to be a winner for her body transformation, Audrey still needs to have better conditioning to place higher than third. In second place was Shanique Green. She possessed a shapely and athletic figure, nice proportions and good size. Her

deltoids were well-defined and her midsection was tight. Shauna Dutton took the class win and is now set for her pro qualification. Shauna presented fine proportions, balanced development and the best definition and muscle separations in this line up.

The amateur Men's Open, had three classes and was also especially light in competitors. In the lightweight class, Damien Pechacek placed third. Damien's proportions are fine and he carried a healthy amount of muscle mass. He appeared to be the biggest man in the line-up. The decision as to who would place first and second was very narrow, as both men looked fantastic. Having to put pen to paper and make a decision, it was Dimitri Williams in second. Dimitri's body proportions are good, his development was well



Anthony Monetti



Candice McField

Kristi Killbullen



Johnny Jones



Clement Yearwood



Jessica Rumbaugh

balanced and he possessed the sought after "V" taper, but his conditioning was just a bit less tight when compared to Diamond Harding, who won first place. Diamond sported the INBF logo, which was razor cut into the right side of his hair. He matched Dimitri in all of the above qualities and he can definitely thank his conditioning

for the win in his class.

The middleweight class saw the return of Thomas Walsh from the Over-50 class,

who placed fourth. In third place was Allan Hanson, who carried a good amount of muscle, but lacked the conditioning that would have shown better definition. Michael Newman, from the Over-40 class, also took to the platform again, this time for some competition, and won second place. Josh Hyaduck made his first appearance at an INBF contest and won first place. This young man's proportions and symmetry are on the mark and he carries a great amount of quality muscle on his frame. His side chest pose made it clear that he possesses outstanding thick delts, biceps and pecs, as well as quads and calves. In the heavyweight class, Over-50 class winner William Morris had no one to compete against, so he went home with another first place victory that night.



Steve Subcleff

For the overall title, each class winner posed side-by-side and displayed three distinct physiques contending for the single WNBF pro card that was up for grabs. Each man's physique was scrutinized for his strengths and weaknesses. The final tally showed that Josh

Hyaduck was to return to America with an overall victory, entitling him to receive a pro card.

Pro competition began with Women's Figure. In second place was Kristi Kihlullen, who showed fine shape and excellent stage presence. In first place was Candice McField. Candice's excellent proportions, fine shape and stage presence were her winning assets.

The next division was the Women's Pro Bodybuilding lineup. Sandy Dickerson placed fourth, Leah Raynes was third and in second place was Valerie

Worrell. The first place accolade went to Toni West. Toni presented a physique that was very well proportioned. She also showed balanced development and enough muscle mass to assure her of the victory.

The Men's pro bodybuilding division was the prelude to the conclusion of the day's competitions. Five men entered the fray in the lightweight class. The final placings were as follows:

Justin Usery, with a fine upper body, placed fifth and Brad Musto fourth. Brad showed handsome proportions, balanced development and good size. Joe Valentino has been competing for some time and always looks good. This day he had to settle for third

place. Clement Yearwood is built differently and placed second. He was born with a tiny waist, high and wide lats and broad shoulders. He was given the ability to display tight overall conditioning and deep quad separations. Coming in first place was Greg Rando. He appeared to be the biggest man in the lineup. Greg's



Miles Stovall

physique was outstanding, with his wide chest and very thick quads. Following the call outs from the head judge with fine precision, you would not know that Greg is blind. The other competitors in the lineup aided him at times, demonstrating exceptional sportsmanship amongst the WNBF pro competitors.

The heavyweight class was the last group of competitors in the day's competition. Shawn Lindo's abs were nicely etched, he

placed sixth. In fifth place was Henning Kristensen. Miles Stovall still possesses a classic physique, but fourth place was where he landed in this line up. When Johnny Jones was created, he must have been given the proportions of ideal classic Greek sculpture.

His third place position could only be the result of coming in a little bit smooth. Anthony Monnetti's physique was transformed for this contest and everyone seemed to have the same comments about his great physique. He appeared in this lineup well conditioned, showing great size and muscle separations. The second place spot belonged to Anthony. Steve Subcleff appeared at his very best this day and that resulted in him taking home the first place trophy.

The final act of the day was the overall posedown for the coveted title of WNBF Mr. Universe. All of the class winners were brought onto the platform for the last time of the night and comparisons were made between them. Once again, their strengths and weaknesses were evaluated and the final decision was announced. It was no surprise when they awarded the 2010 overall title to Greg Rando. ★



Josh Hyaduck



Greg Rando



Toni West